



2010-11

annual community report



**eliminating racism
empowering women**

ywca

west central michigan



Dear YWCA Friends,

Community problems require community solutions. Yet, community solutions also require vision and leadership. Over the last year, the YWCA shined in this role, creating partnerships, bringing the right voices to the table, and expanding services with the aim of filling gaps in the way our community responds to domestic and sexual violence.

In partnership with the Children’s Assessment Center, the YWCA’s Nurse Examiner Program (NEP) began providing medical-forensic exams to children 12 years old or younger who have been sexually assaulted within the last 96 hours. Slated to open its doors in early 2012, the NEP led the way to fill yet another critical community gap by establishing a satellite office in partnership with RAVE — a victim advocacy group in Ionia County — and Spectrum Health United Hospital. The goal is to better support sexual assault victims in Grand Rapids’ neighboring rural communities. With the creation of a NEP in Greenville, sexual assault victims who previously may have not had transportation or were daunted by the long trip and lack of familiarity with downtown Grand Rapids, are promised 24/7 access to critical NEP services much closer to their homes.

Recognizing the extraordinary vulnerability to victimization that people with disabilities face (up to 10 times higher than people without disabilities), the YWCA evolved our services to more specifically address the needs of these survivors. We also assembled a task force of more than a dozen local organizations which serve those with intellectual or developmental disabilities. In the fall, the YWCA hosted a multi-day, community-wide training aimed at helping inform organizational practices and educating care-givers. While there is still tremendous work to be done, the YWCA has moved our community forward in meaningful ways.

As the YWCA’s services continue to grow and change to meet our community’s most pressing needs, it has become increasingly clear that reconfiguration of the YWCA’s facilities is needed in order to respectfully and safely care for each survivor who crosses our threshold. In September and marking a year of research, the YWCA’s Board of Directors reviewed reports from Parrish Consultants and Cornerstone Architects that respectively outlined the YWCA’s internal fundraising capacity, as well as, the plans and projected costs associated with improving the YWCA’s facilities. With that information in hand, the board approved the next stage in the organization’s due diligence work – a feasibility study – which will gauge the community’s interest in and willingness to support the project.

While the YWCA is uniquely positioned and partnered, we do not do this work alone. Your participation, your investment, and your commitment are central to creating a community that values women and girls, is safe and empowering, and that celebrates peace, justice, freedom and the dignity of all people. Thank you for your role in this.

Ingrid Jensen, President
Board of Directors

Caroline “Carla” Blinkhorn,
CEO

program service report

with comprehensive services, participation in community-based solutions and ongoing education, our vision is a community that demonstrates a commitment to creating a nurturing, violence-free environment for women and children

child sexual abuse treatment services

individual, family, marital & group counseling •
education groups • support groups

**364 victims/survivors served
(197 families)**

quality measures

- 94% of victims and/or their families engaged in initial safety planning counseling services, and were thereby helped to increase the child victim's safety and improve the child's chances for recovery.
- 86% of child victims who left the program demonstrated a decrease in symptoms associated with the trauma of sexual abuse.
- 94% of parents in families participating in the program demonstrated their ability to maintain a safe home environment for their children.
- 99% of child victims referred to the program had previously not received services through the YWCA for child sexual abuse, thereby indicating the success of previous services in reducing vulnerability and re-abuse.

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domestic violence services

24-hour confidential crisis line (616.451.2744) • emergency shelter • advocacy • victim counseling • assailant counseling • supervised parenting time & safe child exchange • medical-forensic exams • long-term supportive housing

residential services

714 individuals served (288 families)

quality measures

91% of victims who stayed at the YWCA's shelter for 5 or more days transitioned to safe, secure housing upon their departure.

78% of survivors who participated in the YWCA's supportive housing program for 60 or more days obtained permanent housing upon departing the program.

non-residential services

2316 individuals served (554 families)

quality measures

94% of victims/ survivors who participated in a support group indicated that their participation has been helpful.

non-residential services con't

81% of victims/ survivors who participated in one or more crisis/ advocacy sessions and/ or support group sessions gained access to resources that enhanced their safety.

86% of victims/ survivors who participated in two or more crisis/ advocacy sessions and/ or support groups developed a personalized safety plan to reduce future vulnerability.

100% of families identified as being "at risk" due to domestic violence, child abuse, sexual assault, or stalking participated safely in the YWCA's program for supervised parenting time and child exchange.

100% of victims/ survivors who participated in longer-term counseling and completed safety and service plans, did not re-enter YWCA service for a new domestic violence assault.

sexual assault services

669 victims/ survivors served

24 hour confidential crisis line (616-776-7273; 616-776-RAPE) • advocacy • individual & group therapy • short-term respite services for victims unable to return home • medical-forensic examinations

quality measures

- 97% of victims who were served through the YWCA’s Nurse Examiner Program and were reached for follow up evaluation, reported a reduction in trauma and feeling well supported.
- 100% of callers to the YWCA’s 24-hour confidential crisis hotline were more empowered as a result of accessing key information about community resources.
- 92% of YWCA support group members indicated that their participation had been helpful, underscoring the YWCA’s success in reducing victims’ trauma.

girls inc.® Girls Incorporated® at the YWCA West Central Michigan

897 served

*school-based and after-school programs,
summer camps, and forums*

self-defense & violence prevention • adolescent pregnancy prevention • media & economic literacy • resisting pressure to use harmful drugs • leadership development • increase self-confidence in science, math, technology & related careers

quality measures

- 90% of girls who participated in Girls Inc.® increased their developmental assets which focus on a commitment to learning, positive self-identity and values; social competence; an understanding of healthy boundaries and expectations of themselves; a feeling of empowerment; and the presence of supportive, healthy adults in their lives.
- 76% of girls who participated in the “Action for Safety” class increased their personal safety by developing a personal safety plan.

statement of financial position (oct. 1, 2010 to sept. 30, 2011)



ASSETS	
Current Assets	
Cash and cash equivalents	\$ 462,173
Accounts receivable	
Trade less allowance for doubtful accounts of \$5,485 and \$2,023 for 2011 and 2010, respectively	23,614
Grants	241,793
Interest	57,832
Promises to give	
United Way	236,203
Promises to give, current maturities, less al- lowance for doubtful promises to give of \$738 and \$744 for 2011 and 2010, respectively	25,179
Prepaid expenses	<u>83,069</u>
TOTAL CURRENT ASSETS	1,129,863
Property and Equipment	2,500,454
Other Assets	
Promises to give, less current maturities	8,000
Restricted certificates of deposit	
Permanent housing operating reserve escrow	295,697
Investments	672,782
Beneficial interest in perpetual endowment fund	
Grand Rapids Community Foundation	34,295
Beneficial interests in outside trusts	<u>655,912</u>
	1,666,686
TOTAL ASSETS	<u>\$ 5,297,003</u>

LIABILITIES AND NET ASSETS	
Current Liabilities	
Accounts payable	\$ 36,193
Accrued liabilities	104,769
Security deposits	<u>14,165</u>
TOTAL CURRENT LIABILITIES	155,127
Long-Term Debt, less current maturities	<u>570,000</u>
TOTAL LIABILITIES	725,127
Net Assets	
Unrestricted	
Undesignated	2,398,122
Board designated - other	<u>134,559</u>
Total Unrestricted	2,532,681
Temporarily restricted	1,111,056
Permanently restricted	<u>928,139</u>
TOTAL NET ASSETS	4,571,876
TOTAL LIABILITIES AND NET ASSETS	<u>\$ 5,297,003</u>

statement of activities (oct. 1, 2010 to sept. 30, 2011)

	<u>Unrestricted</u>	<u>Temporarily Restricted</u>	<u>Permanently Restricted</u>	<u>Total</u>
Public Support and Revenue				
Contributions and nongovernment grants net of bad debt of \$702	\$175,801	\$1,000	\$200	\$177,001
In-kind contributions	20,147			20,147
United Way	23,026	314,937		337,963
Special events - less expenses of \$62,224, including in-kind expenses of \$7,655	77,462	79,765		157,227
Government grants	2,108,649			2,108,649
Income from outside trust funds	46,127			46,127
Program fees, net of bad debt of \$4,766	338,791			338,791
Interest and dividend income, net of \$5,754 fees	2,355	31,817		34,172
Membership dues	325			325
Unrealized loss on revaluation of beneficial interest in outside trusts			(54,522)	(54,522)
Unrealized loss on revaluation of beneficial interests, Grand Rapids Community Foundation			(2,843)	(2,843)
Realized and unrealized loss on investments		(8,580)		(8,580)
Net assets released from restrictions				
Satisfaction of donor restrictions	32,857	(32,857)		-
Appropriation of endowment assets for expenditure	41,398	(41,398)		-
Expiration of time restrictions	<u>443,944</u>	<u>(443,944)</u>		<u>-</u>
TOTAL PUBLIC SUPPORT AND REVENUE	3,310,882	(99,260)	(57,165)	3,154,457
Expenses				
Program services				
Counseling programs	1,122,471			1,122,471
Housing	1,424,699			1,424,699
Youth programs	163,902			163,902
Center for Women	201,046			201,046
Special Programs	5,172			5,172
Support services				0
Management and general	343,985			343,985
Development and special events	<u>139,760</u>			<u>139,760</u>
TOTAL EXPENSES	3,401,035	-	-	3,401,035
CHANGE IN NET ASSETS	(90,153)	(99,260)	(57,165)	(246,578)
Net Assets at Beginning of Year	2,622,834	1,210,316	985,304	4,818,454
NET ASSETS AT END OF YEAR	<u>\$2,532,681</u>	<u>\$1,111,056</u>	<u>\$928,139</u>	<u>\$4,571,876</u>

empowering women
eliminating racism

private community support

provides revenue that aids the YWCA in addressing operational and emergency needs, allows participation in valuable strategic initiatives, and fills gaps that would otherwise remain for the women and families whom we serve.



With Title Sponsor Fifth Third Bank



Photo courtesy John Corriveau

2010 Tribute Award Honorees (l-r)

Yolanda Cornejo - *Student Honoree and
Judy Lloyd Leadership
Award Recipient*

Linda Patterson - *Community Service*

Stacy McGinnis - *Professions*

Candace Cowling - *Advocacy*

Lori Tennenhouse - *Arts*

Jo-Anne Perkins - *Business, Management,
Industry & Labor*

Karen Kaashoek - *Sports, Fitness & Wellness*



Renee Williams
Assistant Vice President
Community Development, Huntington Bank

Photo courtesy Dianne Carroll Burdick



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Huntington Bank

2011 Women
Lawyers vs
Judges Charity
Softball Game
hosted by the
Women
Lawyers
Association
of Michigan,
Western Region



Photo courtesy John Corriveau

Heart of West Michigan United Way

Government Funders

Emergency Food and Shelter National Board Program (Department of Homeland Security)

Kent County

Kent County Department of Human Services

Michigan Department of Community Health

Michigan Department of Human Services

Michigan Domestic Violence Prevention and Treatment Board

Michigan State Housing Development Authority (through City of Grand Rapids)

Grace Dyer Hunting Circle (\$5000+)

As one of the YWCA's early leaders, Grace Dyer Hunting led the capital campaign in the early 1920s to build our current Sheldon Boulevard facility. She inspired her fundraising committee to raise \$567,000 in just seven days.

Amway

Blue Cross Blue Shield of Michigan
Fifth Third Bank Western Michigan
Gill Industries

John Hunting

Huntington Bank
John and Margaret Bertsch Charitable Foundation

Mayflower Congregational Church
Nokomis Foundation
Sebastian Foundation
Steelcase Inc.

Rita Williams and John Gill

Helen J. Claytor Circle (\$1,000 - \$4,999)

Civil rights leader, Helen Claytor, blazed the trail for later generations when she became our association's board president in the late 1940s and again in the mid-1960s when she assumed the position of board president of the YWCA of the USA.

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Assistance League of Southeastern Michigan

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Madeline and Lance Erickson

Ernst & Young, LLP
Virginia Gearhart
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Goodwill Industries

Grand Rapids Community Foundation
The Grand Rapids Press
Grand Rapids Women's Health PC
Stan Greene

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Maggie McCrystal and Maggie Cook
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Metro Health Hospital
Michigan Women's Foundation
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Warner Norcross & Judd LLP
The Wege Foundation
Westminster Presbyterian Church

Wolverine Worldwide
WOOD TV8
YMCA of Greater Grand Rapids

Jean McKee — Presidents' Circle (\$500 - \$999)

Educator, attorney, social activist and later candidate for the Fifth Congressional District, Jean McKee, led the organization during the tumultuous times following the local race riots in 1967 and 1968.

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Kimberly Baber
Chris Becker
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BKC Insurance, Inc.
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Pam Daugavietis
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Jennifer L. Faber
Family Futures
Crowe Foundation
First United Methodist Church
Harry Fisher
Laurie and Al Forte
Amy L. Freeburg
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GVSU Eyes Wide Open
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Women Lawyers Association of
Michigan — Western Region
Doug and Sharon Wynkoop
Gilbert and Barbara Wynn
Mindy Ysasi Castañon

Francis Rutherford & Emma Wanty Circle (\$100 - \$499)

Dr. Frances Rutherford, the first female city physician in the U.S., directed her commitment to women's health toward the establishment of the YWCA's predecessor organization - the Women's Gymnasium and Noon Rest - in the nineteenth century. Rutherford and others, including Dr. Emma Wanty whose extraordinary fundraising ability and active leadership in numerous offices, helped to establish the YWCA and strengthened its position as an important community resource.

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JoAnn Abraham
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